

WHAT IS CLAIMED:

1. A traction plate assembly for mounting on an equestrian stirrup, said stirrup including a yoke and a foot plate connected to said yoke, said traction plate assembly comprising:

a top plate, said top plate having a top traction surface and a bottom mounting surface, said top plate received above said foot plate;

a mounting plate, said mounting plate received below said foot plate; and

fasteners, said fasteners extending through said mounting plate and said foot plate into the bottom surface of said top plate, said fasteners holding said mounting plate and said top plate in assembled relation with said foot plate.

2. The traction plate assembly of Claim 1, wherein said top plate and said mounting plate are aluminum.

3. The traction plate assembly of Claim 2, wherein said traction surface is knurled.

4. The traction plate assembly of Claim 2, wherein said traction surface is milled to include raised traction enhancing structures.

5. The traction plate assembly of Claim 1, further comprising:

a compressible pad received between said bottom surface of said top plate and said foot plate.

6. The traction plate assembly of Claim 1, wherein said fasteners are screws.
7. The traction plate assembly of Claim 6, further comprising:  
mounting lugs formed on said bottom surface of said top plate, said mounting lugs having openings therein to receive said screws, said foot plate having a thickness, said mounting lugs extending from said bottom surface of said top plate a distance less than the thickness of said foot plate.
8. The traction plate assembly of Claim 1, wherein said top plate has a first end and a second end, said top plate including at least one notch in one end thereof, said notch corresponding to said yoke at the point where said yoke contacts said foot plate.
9. The traction plate assembly of Claim 8, wherein said top plate includes one notch at each end thereof.
10. A stirrup assembly comprising:  
an equestrian stirrup, said stirrup including a yoke, said yolk having two arms and a foot plate connected to said arms; and  
a traction plate assembly including:  
a top plate, said top plate having a top traction surface and a bottom mounting surface, said top plate received above said foot plate,

a mounting plate, said mounting plate received below said foot plate,  
and

fasteners, said fasteners extending through said mounting plate and said  
foot plate into the bottom surface of said top plate, said fasteners holding said  
mounting plate and said top plate in assembled relation with said foot plate.

11. The stirrup assembly of Claim 10, wherein said top plate and said mounting  
plate are aluminum.

12. The stirrup assembly of Claim 11, wherein said traction surface is knurled.

13. The stirrup assembly of Claim 11, wherein said traction surface is milled to  
include raised traction enhancing structures.

14. The stirrup assembly of Claim 10, further comprising:  
a compressible pad received between said bottom surface of said top plate and  
said foot plate.

15. The stirrup assembly of Claim 10, wherein said fasteners are screws.

16. The stirrup assembly of Claim 15, further comprising:  
mounting lugs formed on said bottom surface of said top plate, said mounting  
lugs having openings therein to receive said screws, said foot plate having a thickness,

said mounting lugs extending from said bottom surface of said top plate a distance less than the thickness of said foot plate.

17. The stirrup assembly of Claim 10, wherein said top plate has a first end and a second end, said top plate including at least one notch in one end thereof, said notch corresponding to one of said arms of said yoke at the point where said arm contacts said foot plate.

18. The stirrup assembly of Claim 17, wherein said top plate includes one notch at each end thereof.